



Waitākiri School

2019 REAL CHOICES Challenges

Harakeke



Year 5

Ngā Kawenga – Responsibility

Community Choose at least 1 challenge

Self
Parent
Teacher

Co 1	Give to people in need: Raise a minimum of \$50 to donate to a charity or an equivalent collection for a community cause e.g. Chch City Mission, 20 hour famine, SPCA, surf club	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Co 2	Give to family: Help out at home each week with some agreed household jobs for a minimum of two months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Co 3	Give to your family: Prepare 2x two course meals for your family including a menu, cooking & service, photographs of the meal and feedback from the diners	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Co 4	Join a Community Group (e.g. Cubs, Guides, Brownies, Scouts, Surf Club) & show how you have contributed to the community in some way	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Co 5	Give of your time: Visit an elderly person at least 6 times over 2 terms and help them with some jobs or have fun playing board games or reading to them etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Co 6	Design your own Community Challenge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Environment and Sustainability Choose at least 2 challenges

ES 1	Grow two types of vegetable in a pot or in the garden & show how you cared for them & used them in a meal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES 2	Participate in the Travis Wetlands or other local planting/restoration day with a family member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES 3	Take responsibility for sorting waste at home, encourage reduce, reuse, recycle. Find out how the CCC want families to sort their recycling and be responsible for getting the yellow and green bins out for collection for at least two terms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES 4	Prepare your own NOOD food lunch for 4 weeks or 20 days over 2 terms and keep a record	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES 5	Research the fishing industry and find out how they are working to be more sustainable and present your findings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES 6	Be a kaitiaki (guardian) of our school by caring for an area of our environment. e.g. weeding, sweeping, picking up rubbish. Do this at least 5 times	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES 7	Design your own Environment and Sustainability Challenge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Physical Activity & the Outdoors Choose at least 1 challenge

PA 1	Improve your fitness: over a 4 week period complete walking or running of a distance of at least 20 km or cycle at least 60 km	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA 2	Improve your swimming: swim a total of 400m non-stop	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA 3	Explore the outdoors: with a family member or family friend complete a challenging day tramp of at least 3 hours or more	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA 4	Undertake and complete an endurance event e.g. triathlon, duathlon, Marafun, cycle race, XRACE (xrace.co.nz)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA 5	Attend practices & compete in a sport outside of school for an entire season (incl. life-saving)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA 6	Walk or run around Travis Wetlands three times over a 2 week period with a family member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA 7	Design your own Physical Activity and the Outdoors Challenge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Personal Inquiry Choose at least 1 challenge

Self
Parent
Teacher

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|------|---|--------------------------|--------------------------|--------------------------|
| PI 1 | Be a reporter: Attend and report on an event in our community and present to your Learning Studio | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| PI 2 | Improve your maths skills-Complete the 'Figure It Out' Challenge Booklet at the level your teacher recommends | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| PI 3 | Conduct an inquiry into the impact of Ōruapaeroa (Easterly Wind) on our local community and how over time people have adapted to this | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| PI 4 | Science & Tech: Design, build and modify a paper glider so that it flies at least a distance of at least 15 metres | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| PI 5 | Improve your science skills- complete a science-based investigation and present your findings (see your studio teachers for ideas) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| PI 6 | Design your own Personal Inquiry Challenge | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Creativity Choose at least 1 challenge

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| Cr 1 | Create a model/puppet with strings/moving parts that represents something to do with Rangi (sky) and/or flying | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cr 2 | Learn a musical instrument, join a dance group or attend art or drama lessons during the year | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cr 3 | Participate in a school music group for the year, regularly attending all rehearsals and performances | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cr 4 | Write and present to your Learning Studio a speech on a topic that is of interest to you & use visual aids to support your message | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cr 5 | Make a short movie/puppet pal presentation or similar about what our REAL values of Respect & Encouraging means to you and how this can relate to 'Bucket Filling' | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cr 6 | Design your own Creativity Challenge | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Cultural Diversity Choose at least 1 challenge

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| CD 1 | Find out about food from another culture. Prepare some of this food to share with your family. Share the recipe(s) and your experience with your whānau group | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CD 2 | Find out about a festival or special celebration from another culture and share this information in an interesting way. Think about 'When?', 'Why?' and 'How?' | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CD 3 | Find out about a game or sport from another culture. Learn how to play and teach it to your whānau group | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CD 4 | Creativity and the arts... Find out about an aspect of the arts: Music, drama, dance, visual art of another culture. Have a go yourself and share your experience with your whānau group / studio | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CD 5 | Design your own Cultural Diversity Challenge | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

REAL Heroes doing REAL CHOICES Challenges Home Learning

A *challenge* is something that takes effort, responsibility and commitment to achieve it. Let this be reflected in each of the challenges you choose and complete.

Please read the parent letter for more details.

In the Harakeke REAL Challenges you must complete and have checked off by your teacher a **minimum of 9 challenges by Friday 22 November**.

You must complete **at least two challenges from the 'Environment and Sustainability' category and at least one challenge from each other category**.

Co1 challenges must be approved and scheduled by Miss Reynolds / Mrs Hillson at the office if you want to do fundraising at school.

Each category gives you the opportunity to **create your own challenge** if there is something you want to do that is not listed. Talk with your parents / caregivers and your teacher and/or Miss Reynolds about your thinking and what you plan to do. These challenges must be approved by your teacher / Miss Reynolds to help you shape the challenge further, if necessary.

Share each challenge as you complete it with your teacher (self-check, parent/caregiver check and evidence for your teacher).

Evidence your learning challenge by way of photos, journal, power-point, video, animation, interview or some other appropriate way.

Be sure to have thought about which aspect(s) of REAL each challenge fits:
RESPECTFUL, ENCOURAGERS, ACHIEVERS, LIFE-LONG LEARNERS.

Have fun and enjoy your REAL CHOICES Challenges 2019.